

May 10, 2016

SAVE-THE-DATE: 2nd ANNUAL WILLIAM J. JETT MEN'S HEALTH CHALLENGE

Contact: Cindy Dang (Intern)
Media Desk: 407-665-3374 (office) and 321-200-7805 (cell)



Sanford, Fla. – June is Men's Health Month, and the Florida Department of Health in Seminole County (DOH-Seminole) located at 400 West Airport Boulevard in Sanford will be hosting the 2nd Annual William J. Jett Men's Health Challenge on Saturday, June 4 from 10 a.m. to 2 p.m. Visit <http://whoozin.com/U3V-UGN-MQHP> to register for the free event and for more information.

DOH-Seminole has partnered with a plethora of community partners to provide screenings, preventive healthcare and access information for people seeking healthcare services. The event will serve as a focal point where men can come together for all the resources they need to lead healthy lives.

In addition to the health screenings, the men's health challenge will also offer haircuts, gaming stations, healthy refreshments, resources and giveaways. The men's health challenge will empower men to take charge of their health and highlight Seminole County's commitment to improve health outcomes for males.

"We are committed to making a difference in the health of men in Seminole County through our new Men's Health Initiative," said Dr. Swannie Jett, Health Officer for DOH-Seminole. "I encourage all men to attend this event and take control of their health."

Keynote speakers include Michael Coe, Former NFL Cornerback for the New York Giants and Haki Nkrumah, Founder/President of Young Fathers of Central Florida.

It is a fact that although men are at a greater risk of death in every age group, most men do not visit their doctors nor have a yearly physical. Men are faced with a variety of health risks and disparities. Most men are raised in environments that do not instill good preventive health practices. They are employed in the most high risk occupations and involved in high risk behaviors and activities. Being raised in impoverished communities and the lack of inadequate access to healthcare also contribute to higher rates of mortality among men (U.S. Administration on Aging).

Census data for the last ten years show that there have been no changes in the life expectancy for African American men. Nationally, African American males have a life expectancy of 71 years, African American females 78, Caucasian males 76 and Caucasian females 81 (National Vital Statistics Report). In Seminole County, men's life expectancy is seven years less than women (Health Council of East Central Florida).

Learn more about the Men's Health Challenge by visiting www.seminolecohealth.com.

###

Florida Department of Health in Seminole County
Dr. Swannie Jett, DrPH., MSc, Health Officer
400 West Airport Boulevard, Sanford, Florida 32773
PHONE: 407- 665-3000